

Bicycle Tours in Italy: Bike Across Italy - Venice to Pisa

OVERVIEW


This is it - the classic bicycle tour that we started with back in 1972! We begin in romantic Venice, make stops in the great art cities of Ferrara, Ravenna & Florence, and end on the Mediterranean coast in Pisa. Along the way, you'll enjoy gourmet meals from two of Italy's best culinary regions (Emilia-Romagna & Tuscany), take in local markets, and discover a side of Italy seldom seen by tourists. You'll also visit "the Hub," our European headquarters, for a light lunch and a close-up look at our operations. This is our most popular cycling tour.


If this sounds great but you don't have time for the full 12 days, check out our [Bicycling Venice to Florence](#) tour, which features the first 8 days of this itinerary.

HIGHLIGHTS

Gourmet meals, Faenza and our European headquarters, Florence, Lucca, Pisa and Tuscany's countryside, Venice and Ravenna. Guided visit of UNESCO WHS Ferrara.

TOUR FACTS

Tour Style	 Classic: Learn more about our Classic tours at https://www.experienceplus.com/tours/bike-tour-styles/classic-tours
Includes	12 days, 11 nights accommodation; meals as noted in itinerary; guided walk of Florence and Ferrara; and the usual (see below).
Countries	Italy
Begin/End	Venice / Lucca
Arrive/Depart	Venice Marco Polo Airport (VCE) /Pisa Galileo Galilei Airport (PSA)
Total Distance	532 km (328 miles)
Avg. Daily Distance	58 km (36 miles) per riding day
Tour Level	 Our most popular tour for cyclists of all levels.
Keep in Mind	We work hard to maintain consistency across all of our tours, but some trips have unique differences. Here are some things to keep in mind about this tour. We recommend you make your museum reservations in advance. Find more information on how to go about here.

Please Note: We may have small itinerary changes to this trip after you download this PDF document. If you have booked this trip and there are major changes, including changes to towns or activities, we'll email you directly. However, you should always be sure to refer to the  [online itinerary](#) for the most up-to-date trip information including arrival and departure tips before you depart for your trip:

<https://www.experienceplus.com/guided-bike-tours/italy/bike-across-italy-venice-pisa>

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DATES & PRICES

Dates	Price	Single Supplement*
☞ May 7-18, 2023	☞ USD\$5450	☞ USD\$650
☞ May 21-Jun 1, 2023	☞ USD\$5450	☞ USD\$650
☞ Jun 11-22, 2023	☞ USD\$5450	☞ USD\$650
☞ Aug 27-Sep 7, 2023	☞ USD\$5450	☞ USD\$650
☞ Sep 10-21, 2023	☞ USD\$5450	☞ USD\$650
☞ Sep 24-Oct 5, 2023	☞ USD\$5450	☞ USD\$650

*We are happy to match solo travelers who would like to share a room with someone of the same gender. If no match exists, due to hotel pricing, we will charge 50% of the single supplement rate. This fee will be collected at the time of the final payment. If a roommate assignment is available this fee will be refunded at the conclusion of the tour.

DAILY RIDE SUMMARY

Day	Distance/Gain	Terrain	Day Level	Notes
1	Test ride			
2	73km / 269m (46mi / 882ft)	Gentle	▶▶▶▶▶	
3	63km / 260m (39mi / 853ft)	Gentle	▶▶▶▶▶	
4	52km / 137m (33mi / 449ft)	Gentle	▶▶▶▶▶	
5	63km / 209m (39mi / 686ft)	Gentle	▶▶▶▶▶	
6	64km / 1261m (40mi / 4137ft)	Very hilly	▶▶▶▶▶	Shorter optional ride available
7	41km / 510m (26mi / 1673ft)	Hilly	▶▶▶▶▶	
8	Rest day			
9	41km / 573m (26mi / 1879ft)	Hilly	▶▶▶▶▶	
10	61km / 512m (38mi / 1680ft)	Rolling hills	▶▶▶▶▶	
11	61km / 413m (38mi / 1355ft)	Gentle	▶▶▶▶▶	
12	Last day			

Bicycle Tours in Italy: Bike Across Italy - Venice to Pisa

ARRIVAL INFO

Meeting time 2 p.m. - on Day 1, meet your fellow cyclists and Tour Leaders at the Day 1 Hotel specified on the itinerary.

Note:

As you are planning, remember that the hotels listed in our itineraries are our primary hotels and are - in rare cases - subject to change. Before you make arrangements, **check with us** if your tour departure is guaranteed. If your tour departure is out further than 6 months, please also check with us as there might be slight changes to the itinerary.

The below information will help you plan your arrival. For more tips or other routes, you might like **Rome2Rio**. The fare and timing information listed below is approximate.

We recommend flying into the Venice Marco Polo Airport (VCE)

1. Vaporetto (water shuttle) to the Hotel on the Lido (Lido S.M.E.) (1 hour/EUR 15 with **ALILAGUNA**)(1 hour/EUR 9.50); cash or a chip and pin credit card needed to purchase the vaporetto ticket at the kiosk. You may hire a private water taxi instead (30 min/EUR 100-150, agree on a price before boarding or book online www.venicelink.com or www.watertaxisvenice.com)
2. Taxi from the Lido dock to the hotel (less than 5 min, EUR 8-10)

If you arrive at Venezia Santa Lucia train station:

- Water Bus Line 5.1 (40 min/EUR 7.50). This is a smaller boat and takes the Canale della Giudecca
- Or: Water Bus Line 1 (1 hour/EUR 7.50). This is a bigger boat and takes the scenic route through Canal Grande

DEPARTURE INFO

Your trip ends on the final day after breakfast.

The below information will help you plan your departure. For more tips or other routes, you might like **Rome2Rio**. We recommend flying out of Galileo Galilei Airport in Pisa (PSA)

- Taxi from hotel to the airport (45 min, EUR 60-70)

If you opt for public transportation:

1. Taxi from hotel to Lucca train station (5 min, EUR 10)
2. Train from Lucca to Pisa Centrale (30 min, EUR 4), no pre-purchase necessary
3. People Mover from Pisa Centrale to Galileo Galilei Airport (8 min, EUR 5)

Bicycle Tours in Italy: Bike Across Italy - Venice to Pisa

Tour begins in Venice, Italy

Highlights The Lido of Venice, dinner at a trattoria

Welcome to Venezia! You really should try and come a day or two early to explore this unique city before we begin our bike ride to Pisa. We meet this afternoon at our hotel on the Lido of Venice where we'll fit bicycles. We'll enjoy an introductory aperitif before a water taxi ride to Venice to enjoy dinner together and celebrate the 50th anniversary of this vintage ExperiencePlus! tour.

DAY 1: Sun, Jun 11th

Level 

Meals Dinner

Lodging  Biasutti Hotel

Bicycle Venice to Po River Delta

Highlights Venetian lagoon, fishing villages, bicycle along the Po Delta

The Lidos of Venice and Pellestrina protect the Venetian lagoon from the Adriatic Sea. Today, you'll follow these natural levees as you pedal your way south via flat roads, ferries, and quaint fishing villages. Stop for lunch in Chioggia, the "other" Venice of the lagoon, before pedaling southwest towards San Martino di Venezze.**For spring 2023 departures we are not able to bike on Pellestrina due to navigation restrictions. This will reduce the mileage by about 9 km (5 miles) for this day.

DAY 2: Mon, Jun 12th

Distance 73 km (46 mi)

Gain 269 m (882 ft)

Terrain Gentle

Level 

Meals Breakfast, Dinner

Lodging  Agriturismo Corte Carezzabella

San Martino di Venezze to Ferrara

Highlights Bicycle along the Po River, bicycle capital of Italy--Ferrara

Enjoy a day of leisurely riding all the way to the Renaissance city of Ferrara. Pedal along canals in the vast Northern plain of Italy. Enjoy a coffee in the sleepy city of Rovigo. The entrance into Ferrara is spectacular. You will ride directly under the finest example of Renaissance walls remaining in Italy to discover other highlights of this UNESCO World Heritage town including many palaces of the Este court from the 14th and 15th century.

DAY 3: Tue, Jun 13th

Distance 63 km (39 mi)

Gain 260 m (853 ft)

Terrain Gentle

Level 

Meals Breakfast

Lodging  Hotel Carlton
 Mercure Ferrara

Bicycle Tours in Italy: Bike Across Italy - Venice to Pisa

Ravenna

Highlights Comacchio, lunch at farm cooperative, mosaics of Ravenna

This morning we will shuttle to the nearby lagoon town of Comacchio, this old port town was once more famous than Venice. We encourage you to visit the museum that features a Roman boat and stroll around the canals, we'll journey across the "valleys of Comacchio", through the Po Delta's rich bird habitats. Then it's on to the Anita di Argenta where we'll stop at a local agriturismo (farm cooperative), to enjoy a lunch of local specialties including homegrown vegetables, homemade ricotta and eels. We'll then ride a short distance to Ravenna, the last capital of the Western Roman Empire and home to more early-Christian mosaics than any other city in Western Europe. Spend the afternoon exploring this city's great history as your hotel is walking distance from all the highlights including: Dante's Tomb, the mosaics of San Vitale, Sant'Apollinare Nuovo, and the Mausoleum of Galla Placidia.

Ravenna to Faenza

Highlights Picnic lunch at ExperiencePlus! new headquarters, "The Hub," and ceramics of Faenza

We'll head west from Ravenna today, stopping at "the Hub" on our way into Faenza for a light lunch together. "The Hub" is our European headquarters, the heartbeat of all tour operations. After lunch we visit a local ceramist who will introduce us to traditional Faenza designs. Dinner, if you are still hungry, is on your own!

Over the Apennines

Highlights Olive oil tasting, bicycle the Apennine Mountains, small mountain villages

We head into the Apennines today. We will pass through the medieval village of Brisighella for an olive oil tasting in one of Italy's most unique olive oil producing areas and then we'll then begin climbing (easily at first!) over the Apennines. Enjoy the varying scenery as it changes dramatically when you leave the plains and enter the mountains. Just before we reach the toughest part of our climb to Ronta, there is a conveniently located train station which allows you to jump on or keep pedaling to your destination!

DAY 4: Wed, Jun 14th

Distance 52 km (33 mi)

Gain 137 m (449 ft)

Terrain Gentle

Level 

Meals Breakfast, Lunch

Lodging  Palazzo Galletti Abbiosi Hotel
 Villa Santa Maria Foris

DAY 5: Thu, Jun 15th

Distance 63 km (39 mi)

Gain 209 m (686 ft)

Terrain Gentle

Level 

Meals Breakfast, Lunch

Lodging  Hotel Vittoria

DAY 6: Fri, Jun 16th

Distance 64 km (40 mi)

Gain 1261 m (4137 ft)

Terrain Very Hilly

Level 

Meals Breakfast, Dinner

Lodging  Hotel La Rosa

Bicycle Tours in Italy: Bike Across Italy - Venice to Pisa

Fiesole and Florence

Highlights Fiesole and its Etruscan ruins, Renaissance Florence, Uffizi Gallery

There's a small climb this morning to Vetta le Croci, then it's all downhill to the ancient Etruscan city of Fiesole, where you'll enjoy a great view of Florence rising from the valley floor. We'll ride into town together, and the rest of the afternoon is yours to explore this capital of Renaissance Italy. Our hotel lies on the banks of the Arno River, close to the Uffizi Gallery. This evening we'll enjoy a farewell dinner together to say good bye to those departing tomorrow.

DAY 7: Sat, Jun 17th

Distance 41 km (26 mi)

Gain 510 m (1673 ft)

Terrain Hilly

Level >>>>>

Meals Breakfast, Dinner

Lodging 🏨 Hotel Plaza Lucchesi

Wonders of Florence

Highlights Walking tour of Florence and time to explore on your own

Join our guided walking tour of Florence this morning. Take advantage of free time in the afternoon and schedule your visit of the famous Uffizi Gallery or the Accademia, home to Michelangelo's David after 12:30PM. At sunset, take a walk down to the Ponte Vecchio to engage in the passeggiata (or "evening stroll").

DAY 8: Sun, Jun 18th

Meals Breakfast

Lodging 🏨 Hotel Plaza Lucchesi

Birthplace of Leonardo da Vinci

Highlights Olive groves and vineyards, Leonardo da Vinci's birthplace and museum

After breakfast, we head out of Florence and down the Arno River valley for a beautiful day of riding in the Italian countryside. You will climb a bit as we cross Mount Albano to and spectacular view. Our destination is Vinci, the birthplace of Leonardo da Vinci. Here you will have a chance to visit the museum with scale models of his inventions.

DAY 9: Mon, Jun 19th

Distance 41 km (26 mi)

Gain 573 m (1879 ft)

Terrain Hilly

Level >>>>>

Meals Breakfast, Dinner

Lodging 🏨 Hotel Monna Lisa

Bicycle Tours in Italy: Bike Across Italy - Venice to Pisa

Lucca

Highlights Medici villa, bicycle countryside of Tuscany, 17th century wall

Climb the stairway to the Medici villa in Cerreto Guidi today for a great view. We will then continue west to Lucca, where we will unpack our bags for two nights. This formerly Roman town was one of medieval Italy's most prosperous city-states. Lucca retains its medieval charm with its small shops and sidewalk caf?s, as well as the beautiful 17th-century wall that surrounds the town.

DAY 10: Tue, Jun 20th

Distance 61 km (38 mi)

Gain 512 m (1680 ft)

Terrain Rolling hills

Level >>>>>

Meals Breakfast

Lodging  Hotel La Luna

Pisa

Highlights Leaning Tower of Pisa, Piazza of Miracles

Our last day of cycling takes us to Pisa, home of the famous Leaning Tower and the Piazza of Miracles. After a stroll through Pisa, head back to Lucca to enjoy an evening passeggiata along the main pedestrian way. We'll celebrate our adventure across Italy with a final dinner together this evening.

DAY 11: Wed, Jun 21st

Distance 61 km (38 mi)

Gain 413 m (1355 ft)

Terrain Gentle

Level >>>>>

Meals Breakfast, Dinner

Lodging  Hotel La Luna

Tour ends in Lucca

After breakfast, our journey across Italy comes to an end. Hopefully you are off to explore Rome and its many museums or the stunning Lakes District to the north. Buon viaggio!

DAY 12: Thu, Jun 22nd

Meals Breakfast

INCLUDED**BEFORE YOU LEAVE**

- Tour planning tips on what to bring, what to leave home, and what you might like to read before your trip.
- Bicycle Tour Training program designed specifically for your tour rating by renowned cycling coach, Joe Friel.
- Assistance with flights, trains and booking extra nights at your starting and ending tour hotels.
- A complimentary gift of your choice

ON YOUR BICYCLE TOUR

- Superb tour leaders who are great fun and also bilingual, bicultural experts, and avid cyclists. They're experienced to help you navigate confidently on and off the road.
- Comfortable lodging in 3-4 star hotels located in or near the town square with easy access to your favorite café (bar, gelato, espresso) of the day, always with a private bath.
- All breakfasts & at least half of your dinners each featuring multi-courses, fresh, seasonal specialties and wine or beer. See specific tour information for details.
- On many tours we also have 1 or 2 lunches—see specific tour itineraries for details.
- Use of a high quality bike—a Titanium road bike, hybrid, or an aluminum tandem in Continental Europe. For tours in South America, Scotland and Ireland we have aluminum frames. All of our bikes are geared specifically to cruise the flats and help ease you over the mountain.
- Our bikes come with a computer so you can track your miles. They also have an expandable rear rack pack to carry your stuff, and a water bottle that's yours to keep.
- Full van support to carry luggage - and tired cyclists, too!

- Special events like wine tastings and cultural visits as described in the trip itinerary.
- All tips and gratuities at tour hotels and group meals.
- Unique routes, marked with our signature chalk dust arrows that ensure you won't get lost. They also give you the freedom to travel at your own pace.
- Daily mileage options—for those folks who just can't get enough cycling, we'll suggest optional routes off our marked course.
- Detailed route map, and arrows that will lead you to hidden wonders on your bicycle ride.
- All the fun (and more) that you expect from your vacation.

WHAT'S NOT INCLUDED

- Transportation to and from the bicycling tour including airfare, or train travel
- Helmets - we ask that you bring your own to ensure the best fit
- Meals not listed in the itinerary
- Tour Leader gratuity

AFTER YOUR BICYCLE TOUR

- Deeply discounted tours with our "Re-Cycle Program." Your fifth tour with us will be discounted by 50% of the average price of your previous four tours; your tenth tour will be discounted by 100% of the average price of your previous nine tours!

LEVEL RATINGS

Our itinerary descriptions provide daily mileage to help you determine if a bicycle tour is suited to your physical capabilities and interest. You'll also find a note about the trip's terrain on the "Tour Facts" page of each tour. The purpose of this page is to offer a general explanation of our rating categories.

BIKE TOURS 101

Perfect for people looking for mostly flat terrain, or those newer to cycling. Also great for families traveling with younger children (8—14).

- **Average daily mileage:** 50—57km (30 to 35 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Terrain:** 101 tours offer flat to gently rolling terrain. You'll find specific information on the "Tour Facts" page of each itinerary where you see the tour rating.

BIKE TOURS 201

For riders who prefer a combination of flat and rolling terrain with moderate climbs on one or two days. An excellent compromise for friends who have diverse riding abilities.

- **Average daily mileage:** 50—57km (30 to 35 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Terrain:** 201 tours feature mostly flat and rolling terrain with moderate climbs on one or two days where you might gain up to 2,000 feet. Some 201 tours may have some longer mileage days of up to 85 kms (50 miles) over fairly flat terrain. While others may have days of 30 - 45 kms (18—25 miles) with steeper climbs. You'll find specific information on the "Tour Facts" page of each itinerary where you see the tour rating.

BIKE TOURS 301

For riders who enjoy some climbing every day. These tours are best suited to intermediate level recreational riders. Fit beginners will likely do well but may want to shuttle on days with steeper climbs.

- **Average daily mileage:** 50 to 75 km (35—45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Terrain:** For 301 tours expect cumulative daily climbs of 1,500—2,000 feet and several days of climbing in excess of 3,000 feet. You might encounter some longer mileage 80—90 km (50-60 miles) days with rolling terrain. You'll find specific information on the "Tour Facts" page of each itinerary where you see the tour rating.

BIKE TOURS 401

For cyclists who love to climb (and descend)! If you haven't trained or are an inexperienced rider you will find these trips very challenging and will very likely need to shuttle regularly.

- **Average daily mileage:** 50 to 75 km (35—45 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Terrain:** 401 tours are challenging. Expect the possibility of longer mileage days of 80 - 120 kms (50 to 70 miles) with rolling terrain, or some sustained hills for considerable distances - think mountain passes, or steeper (+5%) climbs that come with regularity and could be as long as 10 km (6+ miles). You will have gains of 1000 meters (3000 feet) on a third of the days. You'll find specific information on the "Tour Facts" page of each itinerary where you see the tour rating.

BIKE TOURS 501

Our ExpeditionPlus! tours designed for strong riders looking for the challenge of riding across countries or continents. Long daily mileages means limited van support so we recommended these tours for riders who feel confident that they can ride every mile.

- **Average daily mileage:** 120 km (75 miles). Be sure to check the day by day itinerary description for the tour you are considering for specific mileages.
- **Terrain:** Expect and be prepared for any and everything.

REMEMBER

It is almost always possible to adapt the day's ride to how you are feeling either by taking advantage of the support van, or asking tour leaders for additional mileage.

Need More Miles? On just about every day of every tour it is possible to add miles to the day. Just talk to your tour leader about the options.

Need Fewer Miles? If you aren't sure about your abilities or how much you want to ride remember the support van is available to offer snacks, encouragement, a lift over the next hill, or to the next hotel. You are on vacation and we're here to help make it perfect for you.

Chalk Dust Arrows. Remember, no matter what level of tour you choose ExperiencePlus! uses chalk dust arrows to mark our routes so riders can take the day at their own pace! Whether you prefer to stop at every gelateria, take a hundred photos a day, or push to achieve a new personal best you'll be happy on our tours.

WHAT TO EXPECT**BICYCLES**

Your bike comes with a pack for the rear rack, lock, cyclometer (bicycle computer), a spare tube and patch kit and pump. If you would like to bring your own pedals and shoes we recommend doing so—your tour leaders will install them during the bike fitting. We have flat pedals with or without cages and straps available. For safety and hygiene reasons you are responsible for bringing a helmet.

Daily Routine (Procedures and Logistics)**DAYSHEETS**

Each day you'll receive a daysheet with information on the day's activities, meals and ride. These also include Tour Leader phone numbers, hotel information and interesting historical and cultural information about sites that you may want to stop and see along the route. Your Tour Leaders will also post daily announcements in the hotel lobby with information about sightseeing in town or restaurant recommendations for dinners on your own as well as important information about breakfast, luggage down and "arrows down" time.

NAVIGATING ON TOUR

At breakfast each day we will make the "Master Route Map" available so you can highlight your map for the day's ride. Of course, we also mark the route every day with our signature chalk dust arrows. Our arrows make navigating very easy—you may never need to look at the map! The arrows also allow you to ride at your own pace. There is no need to "keep up" with the group—this is your ride!

But what if it rains? What happens to the arrows? In a light rain, the arrows actually "set up" and become more permanent. In a heavy rain, they do wash away. If that happens, we'll re-group to cycle together for those who want to continue cycling while those who prefer to stay dry can shuttle.

VAN SUPPORT

The van carries luggage and supports cyclists. It also has water, fruit and snacks. Though the van has snacks, we encourage you to stop and enjoy markets and find your own favorite local specialty.

HOTELS

We have carefully chosen all of our accommodations for their charm and location. They are typically small, family run hotels that offer you a glimpse into the local culture.

We prefer hotels near interesting sites in the center of town located along the best cycling route in the area. Because many of the hotels are small not all of the rooms will be

exactly the same. We keep this in mind and do our best to distribute rooms fairly by the end of the tour. Our itinerary lists our primary hotels. On rare occasions, listed hotels are subject to change.

MEALS AND RESTAURANTS

Breakfasts: we work hard to arrange complete breakfasts but some hotels still serve continental style breakfasts; cycling is energy intensive so we do recommend you plan for a morning or mid-morning snack on the road at a local café or market.

Water is OK in almost all hotels and in country fountains; if there is a problem, we will advise you.

We'll recommend lunch locations en route and most itineraries include a few group picnics. We limit the number of picnics so you don't feel pressured to be at a certain place in the middle of your ride.

Dinners together are often pre-planned and pre-ordered. We'll ask you if you have special dietary requirements. Pre-planned meals allow us to provide a variety of regional specialties and facilitate efficient service. Water, wine and beer are included.

TIPPING YOUR TOUR LEADER TEAM

If you feel your tour leader team has demonstrated great expertise and service, common practice within the travel industry is to tip. Tipping is voluntary and greatly appreciated, and gratuity amounts vary widely. Should you decide to leave a tip, as a guideline, we suggest 5% of the tour cost per traveler – this for the entire tour leader team, not each Tour Leader. If you'd like to show your gratitude for your Tour Leaders' excellent service you can give the tip to any member of the tour leader team, as they share it evenly. In order to avoid social tensions, we encourage you to tip as individuals and not as a group. If you feel your Tour Leaders did not quite meet your expectations, then we would like to know about it. You will also have the opportunity to leave your comments in our evaluation survey which we email to you after your trip.

PHOTOS

We'll be taking photos throughout the tour and we encourage you to do the same. Please note that we may use these for promotional purposes. Please inform us if you prefer images of you not be used. We realize that many of our travelers are great photographers and often people want to share photos after the trip. We'd love to see and share your photos from the tour with the world so if you don't mind the possibility of being famous (at least in the ExperiencePlus! world) send us a link to your tour photo gallery, or upload your favorite 20 - 30 pictures to your tour departure gallery - we'll send you the link to that online photo gallery in your final email!

CHECKLIST

TO DO TODAY!

Read through your Reservation Confirmation Email, it has important information to help you plan your trip!

- Check the date on your passport. The expiration date should extend three months past your date of return to your home country
- Complete the Customer Information Form online at www.experienceplus.com/travelinfo/tourcif
- Apply for trip cancellation/interruption insurance within 21 days of booking your tour. Find details at <http://www.experienceplus.com/assets/files/packingbicycle.pdf>
- Download the bicycle training program found on the Training Program Blog Page at www.experienceplus.com/training

3—6 MONTHS PRIOR TO DEPARTURE

- Reserve your flights after you know you have a confirmed tour departure. Please check with our office if you do not know if your trip is confirmed. As you make your plans refer to the Getting To and Away sent to you in your booking confirmation email it provides meeting times and the starting and ending hotels and shuttle information when applicable.
- Book your pre and post-tour hotel nights. Please refer to the Getting To and Away sheet you received in your Reservation Confirmation Email.
- 12 weeks before your tour begin your training program www.experienceplus.com/training.
- Final payment is due 90 days prior to the tour start. Please refer to your Deposit Payment Invoice and the Final Payment Reminder e-mail you have received for detailed instructions.

6 WEEKS—2 WEEKS PRIOR TO DEPARTURE

- Start reading one of the books or watching one of the movies from our Suggested Reading and Movie List which you'll find on the country page linked from the www.experienceplus.com/travelinfo page.
- Plan what you are going to pack and start packing! Refer to the Packing List on our website at www.experienceplus.com/assets/files/packingbicycle.pdf.
- We'll email your Hotel Itinerary information 30 days prior to departure.

DAY OF YOUR FLIGHT

Get as much sleep on the plane as you can. Pack your Getting To and Away information and one day of cycling gear in your carry-on. See you soon!